



NATIONAL ART AND TALENT OLYMPIAD

An initiative to Identify, Nurture & Celebrate Student's Excellence Beyond Academics

7. ONE MINUTE TALENT SHOW. FREESTYLE PERFORMANCE GUIDELINES

Freestyle One-Minute Talent Show

• Concept:

– This is your chance to shine with any talent or skill you have that isn't covered in the other categories! Whether you sing, dance, play an instrument, perform magic, tell jokes, do martial arts, recite poetry, juggle, or have any other unique ability, this is the stage for you. Perform solo or team up with friends (or performance partners) to create an amazing act.

• Performance Duration:

– Your performance must be exactly one minute (60 seconds) long.
– Performances significantly over or under this time limit may be disqualified.
Please practice to fit within the exact minute.

• Participants:

– Students can perform individually.
– Students may perform with friends or partners. A maximum of 3 partners (total group of 4: student + 3 partners) is allowed per performance.
– All participating students must be within the eligible age range (pre-school to 12th grade). Partners who are not students must also adhere to age-appropriate and respectful conduct.

• Content:

– Showcase any art form or skill! Be creative and original.
– All content must be respectful, age-appropriate, and positive.
– Dangerous stunts are absolutely not allowed. No unsafe or hazardous performances may be attempted, regardless of supervision.

• Technical Aspects:

– Video Submission: A video recording of your performance is required.
– Video Length: The video should be precisely 60 seconds.
– Video Quality: Aim for clear visuals and good lighting so your talent is showcased effectively.
– Audio Quality: Ensure your audio is clear and understandable. Minimize background noise.
– Aspect Ratio: You can choose either:
■ 9:16 (Vertical): Ideal for a dynamic, close-up focus, especially for solo acts or performances with direct audience engagement.
■ 16:9 (Horizontal): Suitable for showcasing group performances, wider displays of skills (like dance routines or instrument ensembles), or when a more cinematic feel is desired.





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• Submission:

- The final 60-second video file should be submitted according to the general submission instructions.
- All entries will be uploaded to the NATO Instagram handle.

Important Note for Parents:

- Please assist your child in understanding the time limit and encouraging them to practice for precision.
- Help coordinate with friends or partners if they choose to perform as a group.
- Ensure the content is appropriate and that technical requirements for video submission are met.

Unleash your unique talents and let us see what you've got!

